

HOMOEOPATHIC SPIRIT

QUARTERLY BULLETIN
VOL : 1 (MARCH) YEAR 2025

THE OBJECTIVE OF THIS INSTITUTIONAL BULLETIN IS :

- To provide regular updates and propagate information about the accomplishments of all the faculty members and students.
- To share significant information regarding the exceptional services rendered by the corresponding departments.
- To keep everyone in this institution well informed and engaged with the objective to maintain motivation and raise morale.
- This bulletin is for internal circulation and for educative purpose only.

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EDITORIAL

March 2025 Issue Homoeo SPIRIT

Dear Readers,

Welcome to the March 2025 edition of Homoeo SPIRIT. As we continue our journey through the evolving landscape of homeopathy, this issue reflects on how our field remains rooted in the holistic principles laid out by Dr. Samuel Hahnemann, while embracing modern innovations in Homoeopathy. This issue brings forward the latest developments offering both theoretical advancements and practical knowledge for budding Homoeopaths.

At Jawaharlal Nehru Homoeopathic Medical College, Parul University, we remain committed to shaping the future of homeopathy through academic excellence, research, and clinical training. Our goal is to equip the next generation of homeopaths to meet the challenges of modern healthcare while preserving the essence of our practice.

Together, let's drive homeopathy forward and make a lasting impact on global health.

Warm regards,

Editorial Team, Homoeo SPIRIT

Jawaharlal Nehru Homoeopathic Medical College, Parul University

HOMOEEO SPIRIT
Issue (MARCH) 2025

Spider Group in Homoeopathy



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Introduction

In homoeopathy, remedies are often categorized into groups based on biological families or common characteristics. One such group is the Spider group, which consists of remedies derived from various spider species. These remedies exhibit distinctive physical, emotional, and psychological symptoms that resonate with the nature of the spider. Although less commonly used than plant or mineral remedies, spider group remedies have a unique and profound place in the materia medica.

Common Spider Remedies

Several spider species have been potentized and used in homoeopathy. Key members of this group include:

1. Tarentula hispanica – Spanish tarantula
2. Latrodectus mactans – Black widow spider
3. Mygale lasiodora – Bird-eating spider
4. Aranea diadema – Cross spider
5. Theridion curassavicum – Orange spider of Curaçao
6. Aranea ixobola – Spider extract used for rheumatic conditions

Spider Group in Homoeopathy

Core Themes of Spider Remedies

1. Restlessness and Hyperactivity

- Spiders in homoeopathy often exhibit intense restlessness, both physically and mentally.
- *Tarentula hispanica*, for instance, is characterized by continuous motion, dancing, spinning, or twitching—mirroring the quick, jerky movements of a spider.

2. Sexuality and Sensuality

- A heightened sense of sexuality, often excessive or perverse, is a strong theme.
- *Tarentula* and *Latrodectus mactans* both display increased sexual energy or disturbed sexual functioning.

3. Deceit and Manipulation

- Many spider patients exhibit traits like cunning behavior, play-acting, and manipulation, reflecting the spider's predatory nature.
- These remedies may suit individuals who are emotionally dramatic, sometimes even “performers” or “dramatists.”

4. Hypersensitivity to Noise, Music, and Vibrations

- A common trait is **extreme sensitivity to sound**, music, or vibrations.
- *Tarentula* patients may find relief in music and may even dance involuntarily to it.

5. Neurological Affinities

- Spider remedies are often indicated in cases of **neurological disorders**, including epilepsy, chorea, and spasmodic movements.

Spider Group in Homoeopathy

Notable Remedy Profiles

Tarentula hispanica

- Indicated in hysteria, ADHD, chorea, and neurological disorders.
- Characterized by impulsiveness, quick temper, and affinity for music and dance.
- Excellent for patients with an urge to move constantly and perform dramatic acts.

Latrodectus mactans

- Commonly used in angina pectoris and cardiac conditions.
- Presents with intense, tearing chest pain radiating to the left arm—symptoms closely mimicking myocardial infarction.
- Also linked to intense fear of death and restlessness.

Theridion curassavicum

- Noted for its action on the nervous system and vertigo.
- Patient is extremely sensitive to noise and has nausea from the slightest motion.

Mygale lasiodora

- Used for **chorea** and **Parkinsonian symptoms**.
- Involuntary movements, twitching, and jerking dominate its picture.

Indications in Clinical Practice

- **Neurology:** Epilepsy, Parkinsonism, chorea, hyperactivity.
- **Cardiology:** Angina, palpitations, and panic disorders (especially Latrodectus).
- **Psychiatry:** Hysteria, ADHD, obsessive behaviors.
- **Rheumatology:** Certain forms of arthritis and neuralgia (e.g., Aranea diadema).

Spider Group in Homoeopathy

Comparative Themes

Remedy	Key Mental Traits	Physical Symptoms	Unique Feature
Tarentula hispanica	Restlessness, manipulative	Chorea, sensitivity to music	Relief from music
Latrodectusmactans	Fear of death, anxiety	Angina-like pain	Cardiac affinity
Theridion	Oversensitivity, dizziness	Vertigo, nausea	Motion aggravates
Mygale	Twitchy, agitated	Chorea, spasms	Involuntary jerking
Aranea diadema	Periodicity, coldness	Neuralgia, bone pain	Coldness & periodicity

Conclusion

The spider group in homoeopathy is rich in personality traits and physical symptoms that mirror the qualities of the spiders themselves. These remedies are particularly useful in conditions requiring attention to neurological and psychological symptoms, often marked by dramatic behavior, restlessness, and hypersensitivity. Recognizing these characteristics can help practitioners make accurate prescriptions and provide deep healing.

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Acid Peptic Disease and Its Homoeopathic Management



Dr Bhavik Purohit
Professor
Department of Practice of Medicine

Abstract:

Acid Peptic Disease (APD) encompasses a group of disorders involving the stomach and the first part of the small intestine, characterized by increased acid secretion and mucosal damage. While conventional treatment focuses on acid suppression and mucosal protection, homoeopathy offers individualized treatment by addressing the root cause and overall constitution of the patient. This article explores the pathophysiology, clinical presentation, and homoeopathic management of APD.

Introduction

Acid Peptic Disease (APD) includes conditions such as gastritis, peptic ulcer disease (gastric and duodenal ulcers), and gastroesophageal reflux disease (GERD). It arises due to an imbalance between aggressive factors like gastric acid, pepsin, and *Helicobacter pylori* infection, and defensive mechanisms such as mucosal barrier and bicarbonate secretion.

Acid Peptic Disease and Its Homoeopathic Management

Etiology

Key contributing factors to APD include:

- Helicobacter pylori infection
- Nonsteroidal Anti-inflammatory Drugs (NSAIDs)
- Smoking and alcohol consumption
- Stress
- Dietary indiscretion
- Genetic predisposition

Clinical Features

Common symptoms include:

- Epigastric pain or burning (especially related to meals)
- Nausea and vomiting
- Bloating
- Belching
- Loss of appetite
- Weight loss (in chronic cases)
- Occult gastrointestinal bleeding

Diagnosis

- Clinical evaluation
- Upper gastrointestinal endoscopy
- H. pylori testing (urea breath test, stool antigen, biopsy)
- Barium meal X-ray (in selected cases)

Conventional Management

- **Proton pump inhibitors (PPIs)**
- **H2 receptor antagonists**
- **Antacids**
- **Antibiotic therapy for H. pylori**
- **Lifestyle and dietary modification**

Homoeopathic Management

Homoeopathy aims to treat the individual holistically by addressing the physical, emotional, and genetic predispositions. Remedies are selected based on a detailed case history and constitutional analysis.

Acid Peptic Disease and Its Homoeopathic Management

Key Remedies:

1. Nux Vomica

- o Indicated in cases with sedentary lifestyle, excess alcohol or coffee, and stress.
- o Symptoms: Sour belching, epigastric pain after meals, irritability.

2. Carbo Vegetabilis

- o For flatulence, bloating, and a sense of heaviness after eating.
- o Suits older individuals and those with slow digestion.

3. Robinia Pseudacacia

- o Marked acidity with sour eructations and heartburn, worse at night.
- o Useful in GERD-like symptoms.

4. Phosphorus

- o Burning in the stomach relieved by cold food or drinks.
- o Craving for cold drinks, anxiety, and weakness.

5. Iris Versicolor

- o Acid reflux with burning in the throat and vomiting of acidic material.
- o Symptoms worsen after eating rich or fatty food.

6. Lycopodium

- o Digestive troubles with flatulence, bloating, and symptoms aggravated in the evening.

7. Pulsatilla

- o For mild, gentle individuals with symptoms aggravated by rich, fatty food.
- o Symptoms improve in open air.

Diet and Lifestyle in Homoeopathy

Homoeopathic management also includes lifestyle regulation such as:

- Avoiding spicy, oily, and acidic foods
- Eating at regular intervals
- Avoiding late-night meals
- Reducing caffeine and alcohol
- Stress management techniques (yoga, meditation)

Research and Evidence

While more high-quality clinical trials are needed, several studies indicate the potential effectiveness of homoeopathy in treating gastrointestinal disorders:

- Oberai et al. (2013) reported improvement in patients with gastric complaints using individualized homeopathy at CCRH clinical centers.
- A pilot study by Saha et al. (2011) suggested that homoeopathy could help reduce symptoms of functional dyspepsia.

Acid Peptic Disease and Its Homoeopathic Management

Conclusion

Homoeopathy provides a safe and individualized approach to the management of Acid Peptic Disease, addressing not just the symptoms but also the underlying constitutional tendencies. With growing interest in integrative medicine, homoeopathy can complement conventional treatment, especially in chronic or relapsing cases.

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GALLERY

DEC 6, 2024

Celebrating the achievements of the brilliant minds from Jawaharlal Nehru Homoeopathic Medical College at the 8th Convocation of Parul University. Wishing all the graduates success as they step into the next chapter of their journey, making a difference in the world of healthcare.



GALLERY

DEC 13, 2024

Students of 4th Year BHMS from Jawaharlal Nehru Homoeopathic Medical College recently visited Amul Dairy, Anand, as part of an industrial educational visit organized by the Department of Community Medicine.



GALLERY

DEC 13, 2024

Jawaharlal Nehru Homoeopathic Medical College Hospital, in collaboration with HDFC Bank and managed by Parul Sevashram Hospital, successfully organized a Blood Donation Drive.



GALLERY

DEC 13, 2024

Jawaharlal Nehru Homoeopathic Medical College Hospital, in collaboration with HDFC Bank and managed by Parul Sevashram Hospital, successfully organized a Blood Donation Drive.



GALLERY

DEC 13, 2024

Heartiest congratulations to Sana Malek, a 2nd-year student of Jawaharlal Nehru Homoeopathic Medical College, for publishing her article in the prestigious Journal of Emerging Technologies and Innovative Research (UGC Approved Journal).



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CONGRATULATIONS ON YOUR ACHIEVEMENT

ARTICLE PUBLISHED IN:
Journal of Emerging Technologies
and Innovative Research
UGC Approved Journal
Volume: 11 Issue: 11

TOPIC:
Observation & analysis of absorbance
value by a Negative Experimental
study of **Oleander Extract** from
market with prepared oleander

Sana Malek
2nd Year, Jawaharlal Nehru
Homoeopathic Medical College

GUIDED BY:
Dr. Monimala Pramanick
Dr. Poorav Desai
Dr. Gaurav Sharma

GALLERY

JAN 21, 2025

Heartiest congratulations to Pratik Jepar, intern at Jawaharlal Nehru Homoeopathic Medical College & Hospital, for being recognized by NABH for his active participation in the Quality Connect Competition Fiesta 2024. Your dedication and hard work inspire us all!

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CONGRATULATIONS

PRATIK JEPAR

Intern,
Jawaharlal Nehru Homoeopathic
Medical College & Hospital

For Being Recognised by



For His Active Participiation in

**QUALITY CONNECT
COMPETITION FIESTA
2024**



GALLERY

FEB 5, 2025

Celebrating Excellence in Homoeopathy! Biggest congratulations to the shining star Dr. Hinal Limbani (JNHMC - BHMS), for achieving the prestigious Gold Medal.

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FOR SECURING GOLD MEDAL

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Proud JNHMC Alumna
BHMS
Class of 2024

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GALLERY

FEB 10, 2025

Celebrating the remarkable achievement of Dr. Megha Prajapati, MD Part 2, Dept. of Repertory, Jawaharlal Nehru Homoeopathic Medical College, for her publication in the International Journal of Research & Analytical Review.

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Faculty of Homoeopathy

Shining Bright!

Article Published in
**International Journal of
Research & Analytical Review**

Topic
**Role of Boger Boenninghausen
Characteristics & Repertory in
Managing a case of Gout - Case
Report**

Co- Author
**Dr. Shweta Awati, Assistant Professor,
Dept. of Repertory, JNHMC**

DR. MEGHA PRAJAPATI

MD Part 2, Dept. of Repertory,
Jawaharlal Nehru Homoeopathic
Medical College



GALLERY

FEB 11, 2025

JNHMC Hospital and Janjati Vikas Manch join hands to serve Umrali village with free homoeopathic care.



GALLERY

FEB 12, 2025

Fighting Flames, Saving Lives! 🧯👤 Interns at JNHMC took a step closer to safety as they learned the life-saving skill of using fire extinguishers during a comprehensive fire safety training session.



GALLERY

FEB 19, 2025

The Department of Pathology & Microbiology at Jawaharlal Nehru Homoeopathic Medical College hosted a dynamic Symposium presented by the talented 2nd BHMS students (Batch 2022-23)



GALLERY

FEB 20, 2025

Congratulations to Dr. Jeni Desai, MD Part 2, Dept. of Organon at Jawaharlal Nehru Homeopathic Medical College, on her publication in the International Journal of Advanced Research in Medicine.

TOPIC: Role Of Individualized homoeopathic medicine in the management of hyperlipidemia.

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Faculty of Homoeopathy

Cheers to Excellence

Article published in



International Journal of Advanced
Research in Medicine

Topic:

Role of Individualized
homoeopathic medicine in the
management of hyperlipidemia

Dr. Jeni Desai, MD Part 2

Dept. of Organon, Jawaharlal Nehru
Homeopathic Medical College

Co-Author:

Dr. P.S. Mandal

Professor & PG Guide, Dept. of
Organon, JNHMC

GALLERY

FEB 21, 2025

Congratulations to Dr. Ekta Virani, PG Scholar Part 2, Dept. of Practice of Medicine, Jawaharlal Nehru Homoeopathic Medical College, for her publication in the International Journal of Homoeopathic Science!

TOPIC: A Prospective study to know the effectiveness of Homoeopathic medicine in Rheumatoid Arthritis – A Case Report

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Faculty of Homoeopathy

Well
DESERVED

Article Published in:

**INTERNATIONAL JOURNAL OF
HOMOEOPATHIC SCIENCE**

Title of Article:

A Prospective study to know the
effectiveness of Homoeopathic
medicine in Rheumatoid Arthritis
– A Case Report

Dr. Ekta Virani, PG Scholar Part 2

Dept. of Practice of Medicine,
Jawaharlal Nehru Homoeopathic
Medical College

Co-Authors: Dr. Samir Gupta, Dr. Kirtida Desai
Dept. of Practice of Medicine



MEDICAL CAMP

MONTH	NUMBER OF CAMPS	TOTAL BENEFICIARIES
DEC 2024	07	670
JAN 2025	05	825
FEB 2025	05	675



MEDICAL CAMP



MEDICAL CAMP



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FACULTY OF HOMOEOPATHY
(JAWAHARLAL NEHRU HOMOEOPATHIC MEDICAL COLLEGE)

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Principal & Professor,
Parul University

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Dr Gaurav Sharma
Professor & HOD
Dept. Of Materia Medica,
Parul University

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